

Union Calendar No. 575

116TH CONGRESS 2D SESSION H. R. 7539

[Report No. 116-692, Part I]

To strengthen parity in mental health and substance use disorder benefits.

IN THE HOUSE OF REPRESENTATIVES

July 9, 2020

Mr. Kennedy (for himself, Ms. Porter, Mr. Bilirakis, and Mr. Upton) introduced the following bill; which was referred to the Committee on Energy and Commerce, and in addition to the Committees on Ways and Means, and Education and Labor, for a period to be subsequently determined by the Speaker, in each case for consideration of such provisions as fall within the jurisdiction of the committee concerned

DECEMBER 24, 2020

Additional sponsors: Mr. Luján, Mr. Soto, and Mr. Fitzpatrick

DECEMBER 24, 2020

Reported from the Committee on Energy and Commerce with an amendment [Strike out all after the enacting clause and insert the part printed in italic]

December 24, 2020

Committees on Ways and Means and Education and Labor discharged; committed to the Committee of the Whole House on the State of the Union and ordered to be printed

[For text of introduced bill, see copy of bill as introduced on July 9, 2020]

A BILL

To strengthen parity in mental health and substance use disorder benefits.

1	Be it enacted by the Senate and House of Representa-
2	tives of the United States of America in Congress assembled,
3	SECTION 1. SHORT TITLE.
4	This Act may be cited as the "Strengthening Behav-
5	ioral Health Parity Act".
6	SEC. 2. STRENGTHENING PARITY IN MENTAL HEALTH AND
7	SUBSTANCE USE DISORDER BENEFITS.
8	(a) PHSA.—
9	(1) In general.—Title XXVII of the Public
10	Health Service Act (42 U.S.C. 300gg-11 et seq.) is
11	amended by adding at the end the following new part:
12	"PART D—ADDITIONAL COVERAGE PROVISIONS
13	"SEC. 2799A-1. PARITY IN MENTAL HEALTH AND SUB-
14	STANCE USE DISORDER BENEFITS.
15	"(a) In General.—
16	"(1) Aggregate lifetime limits.—In the case
17	of a group health plan or a health insurance issuer
18	offering group or individual health insurance cov-
19	erage that provides both medical and surgical benefits
20	and mental health or substance use disorder bene-
21	fits—
22	"(A) No lifetime limit.—If the plan or
23	coverage does not include an aggregate lifetime
24	limit on substantially all medical and surgical
25	benefits, the plan or coverage may not impose

1	any aggregate lifetime limit on mental health or
2	substance use disorder benefits.
3	"(B) Lifetime limit.—If the plan or cov-
4	erage includes an aggregate lifetime limit on
5	substantially all medical and surgical benefits
6	(in this paragraph referred to as the 'applicable
7	lifetime limit'), the plan or coverage shall ei-
8	ther—
9	"(i) apply the applicable lifetime limit
10	both to the medical and surgical benefits to
11	which it otherwise would apply and to men-
12	tal health and substance use disorder bene-
13	fits and not distinguish in the application
14	of such limit between such medical and sur-
15	gical benefits and mental health and sub-
16	stance use disorder benefits; or
17	"(ii) not include any aggregate lifetime
18	limit on mental health or substance use dis-
19	order benefits that is less than the applica-
20	ble lifetime limit.
21	"(C) Rule in case of different lim-
22	ITS.—In the case of a plan or coverage that is
23	not described in subparagraph (A) or (B) and
24	that includes no or different aggregate lifetime
25	limits on different categories of medical and sur-

gical benefits, the Secretary shall establish rules under which subparagraph (B) is applied to such plan or coverage with respect to mental health and substance use disorder benefits by substituting for the applicable lifetime limit an average aggregate lifetime limit that is computed taking into account the weighted average of the aggregate lifetime limits applicable to such cat-egories.

- "(2) Annual limits.—In the case of a group health plan or a health insurance issuer offering group or individual health insurance coverage that provides both medical and surgical benefits and mental health or substance use disorder benefits—
 - "(A) NO ANNUAL LIMIT.—If the plan or coverage does not include an annual limit on substantially all medical and surgical benefits, the plan or coverage may not impose any annual limit on mental health or substance use disorder benefits.
 - "(B) Annual limit.—If the plan or coverage includes an annual limit on substantially all medical and surgical benefits (in this paragraph referred to as the 'applicable annual limit'), the plan or coverage shall either—

"(i) apply the applicable annual limit both to medical and surgical benefits to which it otherwise would apply and to mental health and substance use disorder benefits and not distinguish in the application of such limit between such medical and surgical benefits and mental health and substance use disorder benefits; or

"(ii) not include any annual limit on mental health or substance use disorder benefits that is less than the applicable annual limit.

"(C) RULE IN CASE OF DIFFERENT LIMITS.—In the case of a plan or coverage that is
not described in subparagraph (A) or (B) and
that includes no or different annual limits on
different categories of medical and surgical benefits, the Secretary shall establish rules under
which subparagraph (B) is applied to such plan
or coverage with respect to mental health and
substance use disorder benefits by substituting
for the applicable annual limit an average annual limit that is computed taking into account
the weighted average of the annual limits applicable to such categories.

1	"(3) Financial requirements and treatment
2	LIMITATIONS.—
3	"(A) In General.—In the case of a group
4	health plan or a health insurance issuer offering
5	group or individual health insurance coverage
6	that provides both medical and surgical benefits
7	and mental health or substance use disorder ben-
8	efits, such plan or coverage shall ensure that—
9	"(i) the financial requirements appli-
10	cable to such mental health or substance use
11	disorder benefits are no more restrictive
12	than the predominant financial require-
13	ments applied to substantially all medical
14	and surgical benefits covered by the plan (or
15	coverage), and there are no separate cost
16	sharing requirements that are applicable
17	only with respect to mental health or sub-
18	stance use disorder benefits; and
19	"(ii) the treatment limitations applica-
20	ble to such mental health or substance use
21	disorder benefits are no more restrictive
22	than the predominant treatment limitations
23	applied to substantially all medical and
24	surgical benefits covered by the plan (or
25	coverage) and there are no separate treat-

1	ment limitations that are applicable only
2	with respect to mental health or substance
3	use disorder benefits.
4	"(B) Definitions.—In this paragraph:
5	"(i) Financial requirement.—The
6	term 'financial requirement' includes
7	deductibles, copayments, coinsurance, and
8	out-of-pocket expenses, but excludes an ag-
9	gregate lifetime limit and an annual limit
10	subject to paragraphs (1) and (2).
11	"(ii) Predominant.—A financial re-
12	quirement or treatment limit is considered
13	to be predominant if it is the most common
14	or frequent of such type of limit or require-
15	ment.
16	"(iii) Treatment limitation.—The
17	term 'treatment limitation' includes limits
18	on the frequency of treatment, number of
19	visits, days of coverage, or other similar
20	limits on the scope or duration of treat-
21	ment.
22	"(4) Availability of Plan information.—The
23	criteria for medical necessity determinations made
24	under the plan with respect to mental health or sub-
25	stance use disorder benefits (or the health insurance

coverage offered in connection with the plan with respect to such benefits) shall be made available by the plan administrator (or the health insurance issuer offering such coverage) in accordance with regulations to any current or potential participant, beneficiary, or contracting provider upon request. The reason for any denial under the plan (or coverage) of reimbursement or payment for services with respect to mental health or substance use disorder benefits in the case of any participant or beneficiary shall, on request or as otherwise required, be made available by the plan administrator (or the health insurance issuer offering such coverage) to the participant or beneficiary in accordance with regulations.

"(5) OUT-OF-NETWORK PROVIDERS.—In the case of a plan or coverage that provides both medical and surgical benefits and mental health or substance use disorder benefits, if the plan or coverage provides coverage for medical or surgical benefits provided by out-of-network providers, the plan or coverage shall provide coverage for mental health or substance use disorder benefits provided by out-of-network providers in a manner that is consistent with the requirements of this section.

1 "(6) Compliance program guidance docu-2 ment.—

"(A) In General.—Not later than 12 months after the date of enactment of the Helping Families in Mental Health Crisis Reform Act of 2016, the Secretary, the Secretary of Labor, and the Secretary of the Treasury, in consultation with the Inspector General of the Department of Health and Human Services, the Inspector General of the Department of Labor, and the Inspector General of the Department of the Treasury, shall issue a compliance program quidance document to help improve compliance with this section, section 712 of the Employee Retirement Income Security Act of 1974, and section 9812 of the Internal Revenue Code of 1986, as applicable. In carrying out this paragraph, the Secretaries may take into consideration the 2016 publication of the Department of Health and Human Services and the Department of Labor, entitled Warning Signs - Plan or Policy Non-Quantitative Treatment Limitations (NQTLs) that Require Additional Analysis to Determine Mental Health Parity Compliance'.

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1	"(B) Examples illustrating compliance
2	AND NONCOMPLIANCE.—
3	"(i) In GENERAL.—The compliance
4	program guidance document required under
5	this paragraph shall provide illustrative,
6	de-identified examples (that do not disclose
7	any protected health information or indi-
8	vidually identifiable information) of pre-
9	vious findings of compliance and non-
10	compliance with this section, section 712 of
11	the Employee Retirement Income Security
12	Act of 1974, or section 9812 of the Internal
13	Revenue Code of 1986, as applicable, based
14	on investigations of violations of such sec-
15	tions, including—
16	"(I) examples illustrating require-
17	ments for information disclosures and
18	$nonquantitative\ treatment\ limitations;$
19	and
20	"(II) descriptions of the violations
21	uncovered during the course of such in-
22	vestigations.
23	"(ii) Nonquantitative treatment
24	LIMITATIONS.—To the extent that any ex-
25	ample described in clause (i) involves a

1 finding of compliance or noncompliance 2 with regard to any requirement for nonquantitative treatment limitations, the ex-3 4 ample shall provide sufficient detail to fully explain such finding, including a full de-5 6 scription of the criteria involved for approv-7 ing medical and surgical benefits and the 8 criteria involved for approving mental 9 health and substance use disorder benefits. 10 "(iii) Access to additional infor-11 MATION REGARDING COMPLIANCE.—In de-12 veloping and issuing the compliance pro-13 gram guidance document required under 14 this paragraph, the Secretaries specified in 15 subparagraph (A)— 16 "(I) shall enter into interagency 17 agreements with the Inspector General 18 of the Department of Health and 19 Human Services, the Inspector General 20 of the Department of Labor, and the 21 Inspector General of the Department of 22 the Treasury to share findings of com-23 pliance and noncompliance with this 24 section, section 712 of the Employee 25 Retirement Income Security Act of 1 1974, or section 9812 of the Internal 2 Revenue Code of 1986, as applicable; 3 and

"(II) shall seek to enter into an agreement with a State to share information on findings of compliance and noncompliance with this section, section 712 of the Employee Retirement Income Security Act of 1974, or section 9812 of the Internal Revenue Code of 1986, as applicable.

"(C) RECOMMENDATIONS.—The compliance program guidance document shall include recommendations to advance compliance with this section, section 712 of the Employee Retirement Income Security Act of 1974, or section 9812 of the Internal Revenue Code of 1986, as applicable, and encourage the development and use of internal controls to monitor adherence to applicable statutes, regulations, and program requirements. Such internal controls may include illustrative examples of nonquantitative treatment limitations on mental health and substance use disorder benefits, which may fail to comply with this section, section 712 of the Employee Retire-

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ment Income Security Act of 1974, or section 9812 of the Internal Revenue Code of 1986, as applicable, in relation to nonquantitative treatment limitations on medical and surgical benefits.

"(D) Updating the compliance program GUIDANCE DOCUMENT.—The Secretary, the Secretary of Labor, and the Secretary of the Treasury, in consultation with the Inspector General of the Department of Health and Human Services, the Inspector General of the Department of Labor, and the Inspector General of the Department of the Treasury, shall update the compliance program guidance document every 2 years to include illustrative, de-identified examples (that do not disclose any protected health information or individually identifiable information) of previous findings of compliance and noncompliance with this section, section 712 of the Employee Retirement Income Security Act of 1974, or section 9812 of the Internal Revenue Code of 1986, as applicable.

"(7) Additional guidance.—

"(A) IN GENERAL.—Not later than 12 months after the date of enactment of the Help-

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ing Families in Mental Health Crisis Reform
Act of 2016, the Secretary, the Secretary of
Labor, and the Secretary of the Treasury shall
issue guidance to group health plans and health
insurance issuers offering group or individual
health insurance coverage to assist such plans
and issuers in satisfying the requirements of this
section, section 712 of the Employee Retirement
Income Security Act of 1974, or section 9812 of
the Internal Revenue Code of 1986, as applicable.

"(B) Disclosure.—

"(i)GUIDANCE FOR**PLANS** ANDISSUERS.—The guidance issued under this paragraph shall include clarifying information and illustrative examples of methods that group health plans and health insurance issuers offering group or individual health insurance coverage may use for disclosing information to ensure compliance with the requirements under this section, section 712 of the Employee Retirement Income Security Act of 1974, or section 9812 of the Internal Revenue Code of 1986, as applicable, (and any regulations promul-

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gated pursuant to such sections, as applicable).

"(ii) Documents for participants, BENEFICIARIES, CONTRACTING PROVIDERS, OR AUTHORIZED REPRESENTATIVES.—The guidance issued under this paragraph shall include clarifying information and illustrative examples of methods that group health plans and health insurance issuers offering group or individual health insurance coverage may use to provide any participant, beneficiary, contracting provider, or authorized representative, as applicable, with documents containing information that the health plans or issuers are required to disclose to participants, beneficiaries, contracting providers, or authorized representatives to ensure compliance with this section, section 712 of the Employee Retirement Income Security Act of 1974, or section 9812 of the Internal Revenue Code of 1986, as applicable, compliance with any regulation issued pursuant to such respective section, or compliance with any other applicable law or regulation. Such guidance

1	shall include information that is compara-
2	tive in nature with respect to—
3	``(I) nonquantitative treatment
4	limitations for both medical and sur-
5	gical benefits and mental health and
6	substance use disorder benefits;
7	"(II) the processes, strategies, evi-
8	dentiary standards, and other factors
9	used to apply the limitations described
10	in subclause (I); and
11	"(III) the application of the limi-
12	tations described in subclause (I) to en-
13	sure that such limitations are applied
14	in parity with respect to both medical
15	and surgical benefits and mental
16	health and substance use disorder bene-
17	fits.
18	"(C) Nonquantitative treatment limi-
19	TATIONS.—The guidance issued under this para-
20	graph shall include clarifying information and
21	illustrative examples of methods, processes, strat-
22	egies, evidentiary standards, and other factors
23	that group health plans and health insurance
24	issuers offering group or individual health insur-
25	ance coverage may use regarding the develop-

1	ment and application of nonquantitative treat-
2	ment limitations to ensure compliance with this
3	section, section 712 of the Employee Retirement
4	Income Security Act of 1974, or section 9812 of
5	the Internal Revenue Code of 1986, as applica-
6	ble, (and any regulations promulgated pursuant
7	to such respective section), including—
8	"(i) examples of methods of deter-
9	mining appropriate types of nonquantita-
10	tive treatment limitations with respect to
11	both medical and surgical benefits and men-
12	tal health and substance use disorder bene-
13	fits, including nonquantitative treatment
14	limitations pertaining to—
15	"(I) medical management stand-
16	ards based on medical necessity or ap-
17	propriateness, or whether a treatment
18	is experimental or investigative;
19	"(II) limitations with respect to
20	prescription drug formulary design;
21	and
22	"(III) use of fail-first or step ther-
23	apy protocols;
24	"(ii) examples of methods of deter-
25	mining—

1	"(I) network admission standards
2	(such as credentialing); and
3	"(II) factors used in provider re-
4	imbursement methodologies (such as
5	service type, geographic market, de-
6	mand for services, and provider sup-
7	ply, practice size, training, experience,
8	and licensure) as such factors apply to
9	$network\ adequacy;$
10	"(iii) examples of sources of informa-
11	tion that may serve as evidentiary stand-
12	ards for the purposes of making determina-
13	tions regarding the development and appli-
14	cation of nonquantitative treatment limita-
15	tions;
16	"(iv) examples of specific factors, and
17	the evidentiary standards used to evaluate
18	such factors, used by such plans or issuers
19	in performing a nonquantitative treatment
20	limitation analysis;
21	"(v) examples of how specific evi-
22	dentiary standards may be used to deter-
23	mine whether treatments are considered ex-
24	perimental or investigative;

1 "(vi) examples of how specific evi-
dentiary standards may be applied to each
service category or classification of benefits,
4 "(vii) examples of methods of reaching
5 appropriate coverage determinations for
new mental health or substance use disorder
7 treatments, such as evidence-based early
intervention programs for individuals with
a serious mental illness and types of med-
ical management techniques;
1 "(viii) examples of methods of reaching
2 appropriate coverage determinations for
which there is an indirect relationship be-
4 tween the covered mental health or sub-
stance use disorder benefit and a traditional
6 covered medical and surgical benefit, such
as residential treatment or hospitalizations
8 involving voluntary or involuntary commit-
ment; and
"(ix) additional illustrative examples
of methods, processes, strategies, evidentiary
2 standards, and other factors for which the
Secretary determines that additional guid-
4 ance is necessary to improve compliance
5 with this section section 712 of the Em-

ployee Retirement Income Security Act of

1974, or section 9812 of the Internal Rev
enue Code of 1986, as applicable.

"(D) Public comment.—Prior to issuing any final guidance under this paragraph, the Secretary shall provide a public comment period of not less than 60 days during which any member of the public may provide comments on a draft of the guidance.

"(8) Compliance requirements.—

"(A) Nonquantitative treatment limitation (nQTL) requirements.—In the case of a group health plan or a health insurance issuer offering group or individual health insurance coverage that provides both medical and surgical benefits and mental health or substance use disorder benefits and that imposes nonquantitative treatment limitations (referred to in this section as 'NQTL') on mental health or substance use disorder benefits, the plan or issuer offering health insurance coverage shall perform comparative analyses of the design and application of NQTLs in accordance with subparagraph (B), and, beginning 45 days after the date of enactment of this paragraph, make available to the

1	applicable State authority (or, as applicable, the
2	Secretary), upon request, the comparative anal-
3	yses and the following information:
4	"(i) The specific plan or coverage
5	terms regarding the NQTL, that applies to
6	such plan or coverage, and a description of
7	all mental health or substance use disorder
8	and medical or surgical benefits to which it
9	applies in each respective benefits classifica-
10	tion.
11	"(ii) The factors used to determine that
12	the NQTL will apply to mental health or
13	substance use disorder benefits and medical
14	or surgical benefits.
15	"(iii) The evidentiary standards used
16	for the factors identified in clause (ii), when
17	applicable, provided that every factor shall
18	be defined and any other source or evidence
19	relied upon to design and apply the NQTL
20	to mental health or substance use disorder
21	benefits and medical or surgical benefits.
22	"(iv) The comparative analyses dem-
23	onstrating that the processes, strategies, evi-
24	dentiary standards, and other factors used
25	to design the NQTL, as written, and the op-

eration processes and strategies as written and in operation that are used to apply the NQTL for mental health or substance use disorder benefits are comparable to, and are applied no more stringently than, the processes, strategies, evidentiary standards, and other factors used to design the NQTL, as written, and the operation processes and strategies as written and in operation that are used to apply the NQTL to medical or surgical benefits.

"(v) A disclosure of the specific findings and conclusions reached by the plan or coverage that the results of the analyses described in this subparagraph indicate that the plan or coverage is in compliance with this section.

"(B) Secretary request process.—

"(i) Submission upon request.—
The Secretary shall request that a group health plan or a health insurance issuer offering group or individual health insurance coverage submit the comparative analyses described in subparagraph (A) for plans that involve potential violations of this sec-

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tion or complaints regarding noncompliance with this section that concern NQTLs and any other instances in which the Secretary determines appropriate. The Secretary shall request not fewer than 20 such analyses per year.

> "(ii) Additional information.—In instances in which the Secretary has concluded that the plan or coverage has not submitted sufficient information for the Secretary to review the comparative analyses described in subparagraph (A), as requested under clause (i), the Secretary shall specify to the plan or coverage the information the plan or coverage must submit to be responsive to the request under clause (i) for the Secretary to review the comparative analyses described in subparagraph(A) for compliance with this section. Nothing in this paragraph shall require the Secretary to conclude that a plan is in compliance with this section solely based upon the inspection of the comparative analyses described in subparagraph (A), as requested under clause (i).

1	"(iii) Required action.—
2	"(I) In General.—In instances
3	in which the Secretary has reviewed
4	the comparative analyses described in
5	subparagraph (A), as requested under
6	clause (i), and determined that the
7	plan or coverage is not in compliance
8	with this section, the plan or cov-
9	erage—
10	"(aa) shall specify to the Sec-
11	retary the actions the plan or cov-
12	erage will take to be in compli-
13	ance with this section and provide
14	to the Secretary comparative
15	analyses described in subpara-
16	graph (A) that demonstrate com-
17	pliance with this section not later
18	than 45 days after the initial de-
19	termination by the Secretary that
20	the plan or coverage is not in
21	compliance; and
22	"(bb) following the 45-day
23	corrective action period under
24	item (aa), if the Secretary deter-
25	mines that the plan or coverage

1	still is not in compliance with
2	this section, not later than 7 days
3	after such determination, shall no-
4	tify all individuals enrolled in the
5	plan or coverage that the plan or
6	coverage has been determined to be
7	not in compliance with this sec-
8	tion.
9	"(II) Exemption from disclo-
10	sure.—Documents or communications
11	produced in connection with the Sec-
12	retary's recommendations to the plan
13	or coverage shall not be subject to dis-
14	closure pursuant to section 552 of title
15	5, United States Code.
16	"(iv) Report.—Not later than 1 year
17	after the date of enactment of this para-
18	graph, and not later than October 1 of each
19	year thereafter, the Secretary shall submit
20	to Congress, and make publicly available, a
21	report that contains—
22	"(I) a summary of the compara-
23	tive analyses requested under clause
24	(i), including the identity of each plan
25	or coverage that is determined to be

1	not in compliance after the final deter-
2	mination by the Secretary described in
3	$clause\ (iii)(I)(bb);$
4	"(II) the Secretary's conclusions
5	as to whether each plan or coverage
6	submitted sufficient information for the
7	Secretary to review the comparative
8	analyses requested under clause (i) for
9	compliance with this section;
10	"(III) for each plan or coverage
11	that did submit sufficient information
12	for the Secretary to review the com-
13	parative analyses requested under
14	clause (i), the Secretary's conclusions
15	as to whether and why the plan or cov-
16	erage is in compliance with the re-
17	quirements under this section;
18	"(IV) the Secretary's specifica-
19	tions described in clause (ii) for each
20	plan or coverage that the Secretary de-
21	termined did not submit sufficient in-
22	formation for the Secretary to review
23	the comparative analyses requested
24	under clause (i) for compliance with
25	this section: and

1	"(V) the Secretary's specifications
2	described in clause (iii) of the actions
3	each plan or coverage that the Sec-
4	retary determined is not in compliance
5	with this section must take to be in
6	compliance with this section, including
7	the reason why the Secretary deter-
8	mined the plan or coverage is not in
9	compliance.
10	"(C) Compliance program guidance
11	DOCUMENT UPDATE PROCESS.—
12	"(i) In General.—The Secretary shall
13	include instances of noncompliance that the
14	Secretary discovers upon reviewing the com-
15	parative analyses requested under subpara-
16	$graph\ (B)(i)$ in the compliance program
17	guidance document described in paragraph
18	(6), as it is updated every 2 years, except
19	that such instances shall not disclose any
20	protected health information or individually
21	$identifiable\ information.$
22	"(ii) Guidance and regulations.—
23	Not later than 18 months after the date of
24	enactment of this paragraph, the Secretary
25	shall finalize any draft or interim guidance

and regulations relating to mental health parity under this section. Such draft guidance shall include guidance to clarify the process and timeline for current and potential participants and beneficiaries (and authorized representatives and health care providers of such participants and beneficiaries) with respect to plans to file complaints of such plans or issuers being in violation of this section, including guidance, by plan type, on the relevant State, regional, or national office with which such complaints should be filed.

"(iii) STATE.—The Secretary shall share information on findings of compliance and noncompliance discovered upon reviewing the comparative analyses requested under subparagraph (B)(i) with the State where the group health plan is located or the State where the health insurance issuer is licensed to do business for coverage offered by a health insurance issuer in the group market, in accordance with paragraph (6)(B)(iii)(II).

"(b) Construction.—Nothing in this section shall be 1 2 construed— 3 "(1) as requiring a group health plan or a 4 health insurance issuer offering group or individual 5 health insurance coverage to provide any mental health or substance use disorder benefits; or 6 7 "(2) in the case of a group health plan or a health insurance issuer offering group or individual 8 9 health insurance coverage that provides mental health 10 or substance use disorder benefits, as affecting the 11 terms and conditions of the plan or coverage relating 12 to such benefits under the plan or coverage, except as 13 provided in subsection (a). 14 "(c) Exemptions.— 15 "(1) Small employer exemption.—This sec-16 tion shall not apply to any group health plan and a 17 health insurance issuer offering group or individual 18 health insurance coverage for any plan year of a 19 small employer (as defined in section 2791(e)(4), ex-20 cept that for purposes of this paragraph such term

shall include employers with 1 employee in the case

of an employer residing in a State that permits small

groups to include a single individual).

24 "(2) Cost exemption.—

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1 "(A) In General.—With respect to a group 2 health plan or a health insurance issuer offering group or individual health insurance coverage, if 3 4 the application of this section to such plan (or 5 coverage) results in an increase for the plan year 6 involved of the actual total costs of coverage with 7 respect to medical and surgical benefits and 8 mental health and substance use disorder benefits 9 under the plan (as determined and certified 10 under subparagraph (C)) by an amount that exceeds the applicable percentage described in sub-12 paragraph (B) of the actual total plan costs, the 13 provisions of this section shall not apply to such 14 plan (or coverage) during the following plan 15 year, and such exemption shall apply to the plan 16 (or coverage) for 1 plan year. An employer may 17 elect to continue to apply mental health and sub-18 stance use disorder parity pursuant to this sec-19 tion with respect to the group health plan (or 20 coverage) involved regardless of any increase in total costs.

> "(B) APPLICABLE PERCENTAGE.—With respect to a plan (or coverage), the applicable percentage described in this subparagraph shall be—

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1	"(i) 2 percent in the case of the first
2	plan year in which this section is applied;
3	and
4	"(ii) 1 percent in the case of each sub-
5	sequent plan year.
6	"(C) Determinations by actuaries.—
7	Determinations as to increases in actual costs
8	under a plan (or coverage) for purposes of this
9	section shall be made and certified by a qualified
0	and licensed actuary who is a member in good
1	standing of the American Academy of Actuaries.
2	All such determinations shall be in a written re-
3	port prepared by the actuary. The report, and
4	all underlying documentation relied upon by the
5	actuary, shall be maintained by the group health
6	plan or health insurance issuer for a period of
7	6 years following the notification made under
8	subparagraph (E).
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5 6 7 8 9	actuary, shall be maintained by the group healt plan or health insurance issuer for a period of gears following the notification made under subparagraph (E).

shall be made after such plan (or coverage) has

1	complied with this section for the first 6 months
2	of the plan year involved.
3	"(E) Notification.—
4	"(i) In general.—A group health
5	plan (or a health insurance issuer offering
6	coverage in connection with a group health
7	plan) that, based upon a certification de-
8	scribed under subparagraph (C), qualifies
9	for an exemption under this paragraph,
10	and elects to implement the exemption, shall
11	promptly notify the Secretary, the appro-
12	priate State agencies, and participants and
13	beneficiaries in the plan of such election.
14	"(ii) Requirement.—A notification
15	to the Secretary under clause (i) shall in-
16	clude—
17	"(I) a description of the number
18	of covered lives under the plan (or cov-
19	erage) involved at the time of the noti-
20	fication, and as applicable, at the time
21	of any prior election of the cost-exemp-
22	tion under this paragraph by such
23	plan (or coverage);
24	"(II) for both the plan year upon
25	which a cost exemption is sought and

1	the year prior, a description of the ac-
2	tual total costs of coverage with respect
3	to medical and surgical benefits and
4	mental health and substance use dis-
5	order benefits under the plan; and
6	"(III) for both the plan year upon
7	which a cost exemption is sought and
8	the year prior, the actual total costs of
9	coverage with respect to mental health
10	and substance use disorder benefits
11	under the plan.
12	"(iii) Confidentiality.—A notifica-
13	tion to the Secretary under clause (i) shall
14	be confidential. The Secretary shall make
15	available, upon request and on not more
16	than an annual basis, an anonymous
17	itemization of such notifications, that in-
18	cludes—
19	"(I) a breakdown of States by the
20	size and type of employers submitting
21	such notification; and
22	"(II) a summary of the data re-
23	ceived under clause (ii).
24	"(F) Audits by Appropriate Agencies.—
25	To determine compliance with this paragraph,

1 the Secretary may audit the books and records of 2 a group health plan or health insurance issuer 3 relating to an exemption, including any actu-4 arial reports prepared pursuant to subparagraph 5 (C), during the 6 year period following the noti-6 fication of such exemption under subparagraph 7 (E). A State agency receiving a notification 8 under subparagraph (E) may also conduct such 9 an audit with respect to an exemption covered 10 by such notification.

- "(d) SEPARATE APPLICATION TO EACH OPTION OF-12 FERED.—In the case of a group health plan that offers a 13 participant or beneficiary two or more benefit package op-14 tions under the plan, the requirements of this section shall 15 be applied separately with respect to each such option.
- 16 "(e) Definitions.—For purposes of this section—
- "(1) AGGREGATE LIFETIME LIMIT.—The term

 'aggregate lifetime limit' means, with respect to bene
 fits under a group health plan or health insurance

 coverage, a dollar limitation on the total amount that

 may be paid with respect to such benefits under the

 plan or health insurance coverage with respect to an

 individual or other coverage unit.
- 24 "(2) Annual limit.—The term 'annual limit' 25 means, with respect to benefits under a group health

- plan or health insurance coverage, a dollar limitation on the total amount of benefits that may be paid with respect to such benefits in a 12-month period under the plan or health insurance coverage with respect to an individual or other coverage unit.
 - "(3) MEDICAL OR SURGICAL BENEFITS.—The term 'medical or surgical benefits' means benefits with respect to medical or surgical services, as defined under the terms of the plan or coverage (as the case may be), but does not include mental health or substance use disorder benefits.
 - "(4) Mental Health Benefits.—The term 'mental health benefits' means benefits with respect to services for mental health conditions, as defined under the terms of the plan and in accordance with applicable Federal and State law.
 - "(5) Substance use disorder benefits' means benefits with respect to services for substance use disorders, as defined under the terms of the plan and in accordance with applicable Federal and State law.".
 - (2) SUNSET.—Section 2726 of the Public Health Service Act (42 U.S.C. 300gg–26) is amended by adding at the end the following new subsection

1	"(f) Sunset.—The provisions of this section shall have
2	no force or effect after the date of the enactment of the
3	Strengthening Behavioral Health Parity Act.".
4	(3) Administration; conforming amend-
5	MENTS.—
6	(A) APPLICATION OF IMPLEMENTATION
7	REGULATIONS.—The provisions of sections
8	146.136 and 147.160 of title 45, Code of Federal
9	Regulations shall apply to section 2799A-1 of
10	the Public Health Service Act, as added by para-
11	graph (1), in the same manner as such provi-
12	sions applied to section 2726 of the Public
13	Health Service Act (42 U.S.C. 300gg-26) before
14	the date of the enactment of this Act.
15	(B) Conforming amendments.—
16	(i) Section 2722 of the Public Health
17	Service Act (42 U.S.C. 300gg-21) is amend-
18	ed—
19	(I) in subsection $(a)(1)$, by insert-
20	ing "and part D" after "subparts 1
21	and 2";
22	(II) in subsection (b), by inserting
23	"and part D" after "subparts 1 and
24	2";

1	(III) in subsection $(c)(1)$, by in-
2	serting "and part D" after "subparts 1
3	and 2";
4	(IV) in subsection $(c)(2)$, by in-
5	serting "and part D" after "subparts 1
6	and 2";
7	(V) in subsection (c)(3), by insert-
8	ing "and part D" after "this part";
9	and
10	(VI) in subsection (d), in the mat-
11	ter preceding paragraph (1), by insert-
12	ing "and part D" after "this part".
13	(ii) Section 2723 of the Public Health
14	Service Act (42 U.S.C. 300gg-22) is amend-
15	ed—
16	(I) in subsection (a)(1), by insert-
17	ing "and part D" after "this part";
18	(II) in subsection (a)(2), by in-
19	serting "or part D" after "this part";
20	(III) in subsection (b)(1), by in-
21	serting "or part D" after "this part";
22	(IV) in subsection $(b)(2)(A)$, by
23	inserting "or part D" after "this
24	part'': and

1	(V) in subsection $(b)(2)(C)(ii)$, by
2	inserting "and part D" after "this
3	part".
4	(iii) Section 2724 of the Public Health
5	Service Act (42 U.S.C. 300gg-23) is amend-
6	ed—
7	(I) in subsection (a)(1)—
8	(aa) by striking "this part
9	and part C insofar as it relates to
10	this part" and inserting "this
11	part, part D, and part C insofar
12	as it relates to this part or part
13	D"; and
14	(bb) by inserting "or part D"
15	after "requirement of this part";
16	(II) in subsection $(a)(2)$, by in-
17	serting "or part D" after "this part";
18	and
19	(III) in subsection (c), by insert-
20	ing "or part D" after "this part (other
21	than section 2704)".
22	(b) ERISA.—Section 712(a) of the Employee Retire-
23	ment Income Security Act of 1974 (1185a(a)) is amended
24	by adding at the end the following new paragraphs:

1	"(6)	COMPLIANCE	PROGRAM	GUIDANCE	DOCU-
2.	MENT —				

"(A) In General.—Not later than 12 months after the date of enactment of the Helping Families in Mental Health Crisis Reform Act of 2016, the Secretary, the Secretary of Health and Human Services, and the Secretary of the Treasury, in consultation with the Inspector General of the Department of Health and Human Services, the Inspector General of the Department of Labor, and the Inspector General of the Department of the Treasury, shall issue a compliance program guidance document to help improve compliance with this section, section 2799A-1 of the Public Health Service Act, and section 9812 of the Internal Revenue Code of 1986, as applicable. In carrying out this paragraph, the Secretaries may take into consideration the 2016 publication of the Department of Health and Human Services and the Department of Labor, entitled Warning Signs - Plan or Policy Non-Quantitative Treatment Limitations (NQTLs) that Require Additional Analysis to Determine Mental Health Parity Compliance'.

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1	"(B) Examples illustrating compliance
2	AND NONCOMPLIANCE.—
3	"(i) In General.—The compliance
4	program guidance document required under
5	this paragraph shall provide illustrative,
6	de-identified examples (that do not disclose
7	any protected health information or indi-
8	vidually identifiable information) of pre-
9	vious findings of compliance and non-
10	compliance with this section, section
11	2799A-1 of the Public Health Service Act,
12	or section 9812 of the Internal Revenue
13	Code of 1986, as applicable, based on inves-
14	tigations of violations of such sections, in-
15	cluding—
16	"(I) examples illustrating require-
17	ments for information disclosures and
18	$non quantitative\ treatment\ limitations;$
19	and
20	"(II) descriptions of the violations
21	uncovered during the course of such in-
22	vestigations.
23	"(ii) Nonquantitative treatment
24	LIMITATIONS.—To the extent that any ex-
25	ample described in clause (i) involves a

1 finding of compliance or noncompliance 2 with regard to any requirement for nonquantitative treatment limitations, the ex-3 4 ample shall provide sufficient detail to fully explain such finding, including a full de-5 6 scription of the criteria involved for approv-7 ing medical and surgical benefits and the 8 criteria involved for approving mental 9 health and substance use disorder benefits. 10 "(iii) Access to additional infor-11 MATION REGARDING COMPLIANCE.—In de-12 veloping and issuing the compliance pro-13 gram guidance document required under 14 this paragraph, the Secretaries specified in 15 subparagraph (A)— 16 "(I) shall enter into interagency 17 agreements with the Inspector General 18 of the Department of Health and 19 Human Services, the Inspector General 20 of the Department of Labor, and the 21 Inspector General of the Department of 22 the Treasury to share findings of com-23 pliance and noncompliance with this 24 section, section 2799A-1 of the Public 25 Health Service Act, or section 9812 of the Internal Revenue Code of 1986, as
applicable; and

"(II) shall seek to enter into an agreement with a State to share information on findings of compliance and noncompliance with this section, section 2799A-1 of the Public Health Service Act, or section 9812 of the Internal Revenue Code of 1986, as applicable.

"(C) RECOMMENDATIONS.—The compliance program guidance document shall include recommendations to advance compliance with this section, section 2799A-1 of the Public Health Service Act, or section 9812 of the Internal Revenue Code of 1986, as applicable, and encourage the development and use of internal controls to monitor adherence to applicable statutes, regulations, and program requirements. Such internal controls may include illustrative examples of nonquantitative treatment limitations on mental health and substance use disorder benefits, which may fail to comply with this section, section 2799A-1 of the Public Health Service Act, or section 9812 of the Internal Revenue Code of

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1986, as applicable, in relation to nonquantitative treatment limitations on medical and surgical benefits.

"(D) UPDATING THE COMPLIANCE PROGRAM GUIDANCE DOCUMENT.—The Secretary, the Secretary of Health and Human Services, and the Secretary of the Treasury, in consultation with the Inspector General of the Department of Health and Human Services, the Inspector General of the Department of Labor, and the Inspector General of the Department of the Treasury, shall update the compliance program guidance document every 2 years to include illustrative, de-identified examples (that do not disclose any protected health information or individually identifiable information) of previous findings of compliance and noncompliance with this section, section 2799A-1 of the Public Health Service Act, or section 9812 of the Internal Revenue Code of 1986, as applicable.

"(7) Additional guidance.—

"(A) IN GENERAL.—Not later than 12 months after the date of enactment of the Helping Families in Mental Health Crisis Reform Act of 2016, the Secretary, the Secretary of

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Health and Human Services, and the Secretary of the Treasury shall issue guidance to group health plans and health insurance issuers offering group or individual health insurance coverage to assist such plans and issuers in satisfying the requirements of this section, section 2799A-1 of the Public Health Service Act, or section 9812 of the Internal Revenue Code of 1986, as applicable.

"(B) Disclosure.—

"(i) GUIDANCE FOR**PLANS** ANDISSUERS.—The guidance issued under this paragraph shall include clarifying information and illustrative examples of methods that group health plans and health insurance issuers offering group or individual health insurance coverage may use for disclosing information to ensure compliance with the requirements under this section, section 2799A-1 of the Public Health Service Act, or section 9812 of the Internal Revenue Code of 1986, as applicable, (and any regulations promulgated pursuant to such sections, as applicable).

1 "(ii) Documents for participants, 2 BENEFICIARIES, CONTRACTING PROVIDERS, 3 OR AUTHORIZED REPRESENTATIVES.—The guidance issued under this paragraph shall include clarifying information and illus-6 trative examples of methods that group 7 health plans and health insurance issuers 8 offering group or individual health insur-9 ance coverage may use to provide any par-10 ticipant, beneficiary, contracting provider, 11 or authorized representative, as applicable, 12 with documents containing information 13 that the health plans or issuers are required 14 to disclose to participants, beneficiaries, 15 contracting providers, or authorized rep-16 resentatives to ensure compliance with this 17 section, section 2799A-1 of the Public 18 Health Service Act, or section 9812 of the 19 Internal Revenue Code of 1986, as applica-20 ble, compliance with any regulation issued 21 pursuant to such respective section, or com-22 pliance with any other applicable law or 23 regulation. Such guidance shall include in-24 formation that is comparative in nature 25 with respect to—

1	``(I) nonquantitative treatment
2	limitations for both medical and sur-
3	gical benefits and mental health and
4	substance use disorder benefits;
5	"(II) the processes, strategies, evi-
6	dentiary standards, and other factors
7	used to apply the limitations described
8	in subclause (I); and
9	"(III) the application of the limi-
10	tations described in subclause (I) to en-
11	sure that such limitations are applied
12	in parity with respect to both medical
13	and surgical benefits and mental
14	health and substance use disorder bene-
15	fits.
16	"(C) Nonquantitative treatment limi-
17	TATIONS.—The guidance issued under this para-
18	graph shall include clarifying information and
19	illustrative examples of methods, processes, strat-
20	egies, evidentiary standards, and other factors
21	that group health plans and health insurance
22	issuers offering group or individual health insur-
23	ance coverage may use regarding the develop-
24	ment and application of nonquantitative treat-
25	ment limitations to ensure compliance with this

1	section, section 2799A-1 of the Public Health
2	Service Act, or section 9812 of the Internal Rev-
3	enue Code of 1986, as applicable, (and any regu-
4	lations promulgated pursuant to such respective
5	section), including—
6	"(i) examples of methods of deter-
7	mining appropriate types of nonquantita-
8	tive treatment limitations with respect to
9	both medical and surgical benefits and men-
10	tal health and substance use disorder bene-
11	fits, including nonquantitative treatment
12	limitations pertaining to—
13	"(I) medical management stand-
14	ards based on medical necessity or ap-
15	propriateness, or whether a treatment
16	is experimental or investigative;
17	"(II) limitations with respect to
18	prescription drug formulary design;
19	and
20	"(III) use of fail-first or step ther-
21	apy protocols;
22	"(ii) examples of methods of deter-
23	mining—
24	"(I) network admission standards
25	(such as credentialing); and

1	"(II) factors used in provider re-
2	imbursement methodologies (such as
3	service type, geographic market, de-
4	mand for services, and provider sup-
5	ply, practice size, training, experience,
6	and licensure) as such factors apply to
7	$network\ adequacy;$
8	"(iii) examples of sources of informa-
9	tion that may serve as evidentiary stand-
10	ards for the purposes of making determina-
11	tions regarding the development and appli-
12	cation of nonquantitative treatment limita-
13	tions;
14	"(iv) examples of specific factors, and
15	the evidentiary standards used to evaluate
16	such factors, used by such plans or issuers
17	in performing a nonquantitative treatment
18	limitation analysis;
19	"(v) examples of how specific evi-
20	dentiary standards may be used to deter-
21	mine whether treatments are considered ex-
22	$perimental\ or\ investigative;$
23	"(vi) examples of how specific evi-
24	dentiary standards may be applied to each
25	service category or classification of benefits;

"(vii) examples of methods of reaching 1 2 appropriate coverage determinations for new mental health or substance use disorder 3 treatments, such as evidence-based early intervention programs for individuals with 6 a serious mental illness and types of med-7 ical management techniques; 8 "(viii) examples of methods of reaching 9 appropriate coverage determinations for 10 which there is an indirect relationship be-11 tween the covered mental health or sub-12 stance use disorder benefit and a traditional 13 covered medical and surgical benefit, such 14 as residential treatment or hospitalizations 15 involving voluntary or involuntary commit-16 ment; and 17 "(ix) additional illustrative examples 18 of methods, processes, strategies, evidentiary 19 standards, and other factors for which the 20 Secretary determines that additional guid-21 ance is necessary to improve compliance 22 with this section, section 2799A-1 of the 23 Public Health Service Act, or section 9812 24 of the Internal Revenue Code of 1986, as

applicable.

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"(D) PUBLIC COMMENT.—Prior to issuing any final guidance under this paragraph, the Secretary shall provide a public comment period of not less than 60 days during which any member of the public may provide comments on a draft of the guidance.

"(8) Compliance requirements.—

"(A) Nonquantitative treatment limi-TATION (NQTL) REQUIREMENTS.—Beginning 45 days after the date of enactment of this paragraph, in the case of a group health plan or a health insurance issuer offering group health insurance coverage that provides both medical and surgical benefits and mental health or substance use disorder benefits and that imposes nonquantitative treatment limitations (referred to in this section as 'NQTL') on mental health or substance use disorder benefits, the plan or issuer offering health insurance coverage shall perform comparative analyses of the design and application of NQTLs in accordance with subparagraph (B), and make available to the applicable State authority (or, as applicable, the Secretary), upon request, the following information:

1	"(i) The specific plan or coverage
2	terms regarding the NQTL, that applies to
3	such plan or coverage, and a description of
4	all mental health or substance use disorder
5	and medical or surgical benefits to which it
6	applies in each respective benefits classifica-
7	tion.
8	"(ii) The factors used to determine that
9	the NQTL will apply to mental health or
10	substance use disorder benefits and medical
11	or surgical benefits.
12	"(iii) The evidentiary standards used
13	for the factors identified in clause (ii), when
14	applicable, provided that every factor shall
15	be defined and any other source or evidence
16	relied upon to design and apply the NQTL
17	to mental health or substance use disorder
18	benefits and medical or surgical benefits.
19	"(iv) The comparative analyses dem-
20	onstrating that the processes, strategies, evi-
21	dentiary standards, and other factors used
22	to design the NQTL, as written, and the op-
23	eration processes and strategies as written
24	and in operation that are used to apply the

 $NQTL\ for\ mental\ health\ or\ substance\ use$

disorder benefits are comparable to, and are applied no more stringently than, the processes, strategies, evidentiary standards, and other factors used to design the NQTL, as written, and the operation processes and strategies as written and in operation that are used to apply the NQTL to medical or surgical benefits.

"(v) A disclosure of the specific findings and conclusions reached by the plan or coverage that the results of the analyses described in this subparagraph indicate that the plan or coverage is in compliance with this section.

"(B) Secretary request process.—

"(i) Submission upon request.—
The Secretary shall request that a group health plan or a health insurance issuer offering group health insurance coverage submit the comparative analyses described in subparagraph (A) for plans that involve potential violations of this section or complaints regarding noncompliance with this section that concern NQTLs and any other instances in which the Secretary determines

1	appropriate. The Secretary shall request not
2	fewer than 20 such analyses per year.
3	"(ii) Additional information.—In
4	instances in which the Secretary has con-
5	cluded that the plan or coverage has not
6	submitted sufficient information for the Sec-
7	retary to review the comparative analyses
8	described in subparagraph (A), as requested
9	under clause (i), the Secretary shall specify
10	to the plan or coverage the information the
11	plan or coverage must submit to be respon-
12	sive to the request under clause (i) for the
13	Secretary to review the comparative anal-
14	yses described in $subparagraph(A)$ for com -
15	pliance with this section. Nothing in this
16	paragraph shall require the Secretary to
17	conclude that a plan is in compliance with
18	this section solely based upon the inspection
19	of the comparative analyses described in
20	subparagraph (A), as requested under clause
21	(i).
22	"(iii) Required action.—
23	"(I) In General.—In instances
24	in which the Secretary has reviewed
25	the comparative analyses described in

1	subparagraph (A), as requested under
2	clause (i), and determined that the
3	plan or coverage is not in compliance
4	with this section, the plan or cov-
5	erage—
6	"(aa) shall specify to the Sec-
7	retary the actions the plan or cov-
8	erage will take to be in compli-
9	ance with this section and provide
10	to the Secretary comparative
11	analyses described in subpara-
12	graph (A) that demonstrate com-
13	pliance with this section not later
14	than 45 days after the initial de-
15	termination by the Secretary that
16	the plan or coverage is not in
17	compliance; and
18	"(bb) following the 45-day
19	corrective action period under
20	item (aa), if the Secretary deter-
21	mines that the plan or coverage
22	still is not in compliance with
23	this section, not later than 7 days
24	after such determination, shall no-
25	tify all individuals enrolled in the

1	plan or coverage that the plan or
2	coverage has been determined to be
3	not in compliance with this sec-
4	tion.
5	"(II) Exemption from disclo-
6	SURE.—Documents or communications
7	produced in connection with the Sec-
8	retary's recommendations to the plan
9	or coverage shall not be subject to dis-
10	closure pursuant to section 552 of title
11	5, United States Code.
12	"(iv) Report.—Not later than 1 year
13	after the date of enactment of this para-
14	graph, and not later than October 1 of each
15	year thereafter, the Secretary shall submit
16	to Congress, and make publicly available, a
17	report that contains—
18	"(I) a summary of the compara-
19	tive analyses requested under clause
20	(i), including the identity of each plan
21	or coverage that is determined to be
22	not in compliance after the final deter-
23	mination by the Secretary described in
24	$clause\ (iii)(I)(bb);$

"(II) the Secretary"	's conclusions
as to whether each plan	n or coverage
submitted sufficient inform	nation for the
Secretary to review the	comparative
analyses requested under	clause (i) for
compliance with this secti	ion;
"(III) for each plan	n or coverage
that did submit sufficien	t information
for the Secretary to rev	iew the com-
parative analyses requ	uested under
clause (i), the Secretary	's conclusions
as to whether and why the	e plan or cov-
erage is in compliance	with the re-
quirements under this sect	tion;
"(IV) the Secretary	y's specifica-
tions described in clause	(ii) for each
plan or coverage that the	Secretary de-
termined did not submit	sufficient in-
formation for the Secrete	ary to review
the comparative analys	ses requested
under clause (i) for con	ipliance with
this section; and	
"(V) the Secretary's	specifications
described in clause (iii)	of the actions
each plan or coverage t	that the Sec-

1	retary determined is not in compliance
2	with this section must take to be in
3	compliance with this section, including
4	the reason why the Secretary deter-
5	mined the plan or coverage is not in
6	compliance.
7	"(C) Compliance program guidance
8	DOCUMENT UPDATE PROCESS.—
9	"(i) In general.—The Secretary shall
10	include instances of noncompliance that the
11	Secretary discovers upon reviewing the com-
12	parative analyses requested under subpara-
13	$graph\ (B)(i)$ in the compliance program
14	guidance document described in paragraph
15	(6), as it is updated every 2 years, except
16	that such instances shall not disclose any
17	protected health information or individually
18	$identifiable\ information.$
19	"(ii) Guidance and regulations.—
20	Not later than 18 months after the date of
21	enactment of this paragraph, the Secretary
22	shall finalize any draft or interim guidance
23	and regulations relating to mental health
24	parity under this section. Such draft guid-
25	ance shall include anidance to clarify the

process and timeline for current and potential participants and beneficiaries (and authorized representatives and health care providers of such participants and beneficiaries) with respect to plans to file complaints of such plans or issuers being in violation of this section, including guidance, by plan type, on the relevant State, regional, or national office with which such complaints should be filed.

"(iii) STATE.—The Secretary shall share information on findings of compliance and noncompliance discovered upon reviewing the comparative analyses requested under subparagraph (B)(i) with the State where the group health plan is located or the State where the health insurance issuer is licensed to do business for coverage offered by a health insurance issuer in the group market, in accordance with paragraph (6)(B)(iii)(II)."

22 (c) IRC.—Section 9812 of the Internal Revenue Code 23 of 1986 is amended by adding at the end the following new 24 paragraphs: 1 "(6) Compliance program guidance docu-2 ment.—

"(A) In General.—Not later than 12 months after the date of enactment of the Helping Families in Mental Health Crisis Reform Act of 2016, the Secretary, the Secretary of Labor, and the Secretary of Health and Human Services, in consultation with the Inspector General of the Department of Health and Human Services, the Inspector General of the Department of Labor, and the Inspector General of the Department of the Treasury, shall issue a compliance program guidance document to help improve compliance with this section, section 712 of the Employee Retirement Income Security Act of 1974, and section 2799A-1 of the Public Health Service Act, as applicable. In carrying out this paragraph, the Secretaries may take into consideration the 2016 publication of the Department of Health and Human Services and the Department of Labor, entitled Warning Signs - Plan or Policy Non-Quantitative Treatment Limitations (NQTLs) that Require Additional Analysis to Determine Mental Health Parity Compliance'.

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1	"(B) Examples illustrating compliance
2	AND NONCOMPLIANCE.—
3	"(i) In General.—The compliance
4	program guidance document required under
5	this paragraph shall provide illustrative,
6	de-identified examples (that do not disclose
7	any protected health information or indi-
8	vidually identifiable information) of pre-
9	vious findings of compliance and non-
10	compliance with this section, section 712 of
11	the Employee Retirement Income Security
12	Act of 1974, or section 2799A-1 of the Pub-
13	lic Health Service Act, as applicable, based
14	on investigations of violations of such sec-
15	tions, including—
16	"(I) examples illustrating require-
17	ments for information disclosures and
18	$nonquantitative\ treatment\ limitations;$
19	and
20	"(II) descriptions of the violations
21	uncovered during the course of such in-
22	vestigations.
23	"(ii) Nonquantitative treatment
24	LIMITATIONS.—To the extent that any ex-
25	ample described in clause (i) involves a

1 finding of compliance or noncompliance 2 with regard to any requirement for nonquantitative treatment limitations, the ex-3 4 ample shall provide sufficient detail to fully explain such finding, including a full de-5 6 scription of the criteria involved for approv-7 ing medical and surgical benefits and the 8 criteria involved for approving mental 9 health and substance use disorder benefits. 10 "(iii) Access to additional infor-11 MATION REGARDING COMPLIANCE.—In de-12 veloping and issuing the compliance pro-13 gram guidance document required under 14 this paragraph, the Secretaries specified in 15 subparagraph (A)— 16 "(I) shall enter into interagency 17 agreements with the Inspector General 18 of the Department of Health and 19 Human Services, the Inspector General 20 of the Department of Labor, and the 21 Inspector General of the Department of 22 the Treasury to share findings of com-23 pliance and noncompliance with this 24 section, section 712 of the Employee 25 Retirement Income Security Act of

1974, or section 2799A-1 of the Public Health Service Act, as applicable; and "(II) shall seek to enter into an agreement with a State to share infor-mation on findings of compliance and noncompliance with this section, section 712 of the Employee Retirement Income Security Act of 1974, or section 2799A-1 of the Public Health Service Act, as applicable.

"(C) Recommendations.—The compliance program guidance document shall include recommendations to advance compliance with this section, section 712 of the Employee Retirement Income Security Act of 1974, or section 2799A—1 of the Public Health Service Act, as applicable, and encourage the development and use of internal controls to monitor adherence to applicable statutes, regulations, and program requirements. Such internal controls may include illustrative examples of nonquantitative treatment limitations on mental health and substance use disorder benefits, which may fail to comply with this section, section 712 of the Employee Retirement Income Security Act of 1974, or section

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2799A-1 of the Public Health Service Act, as applicable, in relation to nonquantitative treatment limitations on medical and surgical benefits.

"(D) UPDATING THE COMPLIANCE PROGRAM GUIDANCE DOCUMENT.—The Secretary, the Secretary of Labor, and the Secretary of Health and Human Services, in consultation with the Inspector General of the Department of Health and Human Services, the Inspector General of the Department of Labor, and the Inspector General of the Department of the Treasury, shall update the compliance program guidance document every 2 years to include illustrative, de-identified examples (that do not disclose any protected health information or individually identifiable information) of previous findings of compliance and noncompliance with this section, section 712 of the Employee Retirement Income Security Act of 1974, or section 2799A-1 of the Public Health Service Act, as applicable.

"(7) Additional guidance.—

"(A) IN GENERAL.—Not later than 12 months after the date of enactment of the Helping Families in Mental Health Crisis Reform

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Act of 2016, the Secretary, the Secretary of Labor, and the Secretary of Health and Human Services shall issue guidance to group health plans and health insurance issuers offering group or individual health insurance coverage to assist such plans and issuers in satisfying the requirements of this section, section 712 of the Employee Retirement Income Security Act of 1974, or section 2799A-1 of the Public Health Service Act, as applicable.

"(B) Disclosure.—

"(i) GUIDANCE FORPLANSANDISSUERS.—The guidance issued under this paragraph shall include clarifying information and illustrative examples of methods that group health plans and health insurance issuers offering group or individual health insurance coverage may use for disclosing information to ensure compliance with the requirements under this section, section 712 of the Employee Retirement Income Security Act of 1974, or section 2799A-1 of the Public Health Service Act, (and any regulations promulgated pursuant to such sections, as applicable).

1 "(ii) Documents for participants, 2 BENEFICIARIES, CONTRACTING PROVIDERS, 3 OR AUTHORIZED REPRESENTATIVES.—The 4 guidance issued under this paragraph shall include clarifying information and illus-6 trative examples of methods that group 7 health plans and health insurance issuers 8 offering group or individual health insur-9 ance coverage may use to provide any par-10 ticipant, beneficiary, contracting provider, 11 or authorized representative, as applicable, 12 with documents containing information 13 that the health plans or issuers are required 14 to disclose to participants, beneficiaries, 15 contracting providers, or authorized rep-16 resentatives to ensure compliance with this 17 section, section 712 of the Employee Retire-18 ment Income Security Act of 1974, or sec-19 tion 2799A-1 of the Public Health Service 20 Act, as applicable, compliance with any 21 regulation issued pursuant to such respec-22 tive section, or compliance with any other 23 applicable law or regulation. Such guidance 24 shall include information that is compara-25 tive in nature with respect to—

``(I) nonquantitative trea	tment
limitations for both medical and	l sur-
gical benefits and mental health	n and
substance use disorder benefits;	
"(II) the processes, strategies	s, evi-
dentiary standards, and other fe	actors
used to apply the limitations desc	cribed
in subclause (I); and	
"(III) the application of the	limi-
tations described in subclause (I)	to en-
sure that such limitations are ap	pplied
in parity with respect to both m	edical
and surgical benefits and n	nental
health and substance use disorder	bene-
fits.	
"(C) Nonquantitative treatment	LIMI-
TATIONS.—The guidance issued under this	para-
graph shall include clarifying information	n and
illustrative examples of methods, processes,	strat-
egies, evidentiary standards, and other fe	actors
that group health plans and health insu	ırance
issuers offering group or individual health	insur-
ance coverage may use regarding the de	velop-
ment and application of nonquantitative	treat-
ment limitations to ensure compliance with	h this

1	section, section 712 of the Employee Retirement
2	Income Security Act of 1974, or section 2799A-
3	1 of the Public Health Service Act, as applicable,
4	(and any regulations promulgated pursuant to
5	such respective section), including—
6	"(i) examples of methods of deter-
7	mining appropriate types of nonquantita-
8	tive treatment limitations with respect to
9	both medical and surgical benefits and men-
10	tal health and substance use disorder bene-
11	fits, including nonquantitative treatment
12	limitations pertaining to—
13	"(I) medical management stand-
14	ards based on medical necessity or ap-
15	propriateness, or whether a treatment
16	is experimental or investigative;
17	"(II) limitations with respect to
18	prescription drug formulary design;
19	and
20	"(III) use of fail-first or step ther-
21	$apy\ protocols;$
22	"(ii) examples of methods of deter-
23	mining—
24	"(I) network admission standards
25	(such as credentialing); and

1	"(II) factors used in provider re-
2	imbursement methodologies (such as
3	service type, geographic market, de-
4	mand for services, and provider sup-
5	ply, practice size, training, experience,
6	and licensure) as such factors apply to
7	$network\ adequacy;$
8	"(iii) examples of sources of informa-
9	tion that may serve as evidentiary stand-
10	ards for the purposes of making determina-
11	tions regarding the development and appli-
12	cation of nonquantitative treatment limita-
13	tions;
14	"(iv) examples of specific factors, and
15	the evidentiary standards used to evaluate
16	such factors, used by such plans or issuers
17	in performing a nonquantitative treatment
18	limitation analysis;
19	"(v) examples of how specific evi-
20	dentiary standards may be used to deter-
21	mine whether treatments are considered ex-
22	$perimental\ or\ investigative;$
23	"(vi) examples of how specific evi-
24	dentiary standards may be applied to each
25	service category or classification of benefits;

"(vii) examples of methods of reaching 1 2 appropriate coverage determinations for new mental health or substance use disorder 3 treatments, such as evidence-based early intervention programs for individuals with 6 a serious mental illness and types of med-7 ical management techniques; 8 "(viii) examples of methods of reaching 9 appropriate coverage determinations for 10 which there is an indirect relationship be-11 tween the covered mental health or sub-12 stance use disorder benefit and a traditional 13 covered medical and surgical benefit, such 14 as residential treatment or hospitalizations 15 involving voluntary or involuntary commit-16 ment; and 17 "(ix) additional illustrative examples 18 of methods, processes, strategies, evidentiary 19 standards, and other factors for which the 20 Secretary determines that additional guid-21 ance is necessary to improve compliance 22 with this section, section 712 of the Em-23 ployee Retirement Income Security Act of 24 1974, or section 2799A-1 of the Public

Health Service Act, as applicable.

"(D) PUBLIC COMMENT.—Prior to issuing any final guidance under this paragraph, the Secretary shall provide a public comment period of not less than 60 days during which any member of the public may provide comments on a draft of the guidance.

"(8) Compliance requirements.—

"(A) Nonquantitative treatment limitation (NQTL) requirements.—Beginning 45 days after the date of enactment of this paragraph, in the case of a group health plan that provides both medical and surgical benefits and mental health or substance use disorder benefits and that imposes nonquantitative treatment limitations (referred to in this section as 'NQTL') on mental health or substance use disorder benefits, the plan shall perform comparative analyses of the design and application of NQTLs in accordance with subparagraph (B), and make available to the applicable State authority (or, as applicable, the Secretary), upon request, the following information:

"(i) The specific plan terms regarding the NQTL, that applies to such plan or coverage, and a description of all mental health

1 or substance use disorder and medical or 2 surgical benefits to which it applies in each 3 respective benefits classification. 4 "(ii) The factors used to determine that the NQTL will apply to mental health or 5 6 substance use disorder benefits and medical 7 or surgical benefits. 8 "(iii) The evidentiary standards used 9 for the factors identified in clause (ii), when 10 applicable, provided that every factor shall 11 be defined and any other source or evidence 12 relied upon to design and apply the NQTL 13 to mental health or substance use disorder 14 benefits and medical or surgical benefits. 15 "(iv) The comparative analyses dem-16 onstrating that the processes, strategies, evi-17 dentiary standards, and other factors used 18 to design the NQTL, as written, and the op-19 eration processes and strategies as written 20 and in operation that are used to apply the 21 NQTL for mental health or substance use 22 disorder benefits are comparable to, and are 23 applied no more stringently than, the proc-24 esses, strategies, evidentiary standards, and

other factors used to design the NQTL, as

written, and the operation processes and
strategies as written and in operation that
are used to apply the NQTL to medical or
surgical benefits.

"(v) A disclosure of the specific find-

"(v) A disclosure of the specific findings and conclusions reached by the plan that the results of the analyses described in this subparagraph indicate that the plan is in compliance with this section.

"(B) Secretary request process.—

"(i) Submission upon request.—
The Secretary shall request that a group health plan submit the comparative analyses described in subparagraph (A) for plans that involve potential violations of this section or complaints regarding noncompliance with this section that concern NQTLs and any other instances in which the Secretary determines appropriate. The Secretary shall request not fewer than 20 such analyses per year.

"(ii) Additional information.—In instances in which the Secretary has concluded that the plan has not submitted sufficient information for the Secretary to re-

1 view the comparative analyses described in 2 subparagraph (A), as requested under clause (i), the Secretary shall specify to the plan 3 4 the information the plan or coverage must submit to be responsive to the request under 6 clause (i) for the Secretary to review the 7 comparative analyses described in subpara-8 graph(A) for compliance with this section. 9 Nothing in this paragraph shall require the 10 Secretary to conclude that a plan is in com-11 pliance with this section solely based upon 12 the inspection of the comparative analyses 13 described in subparagraph (A), as requested 14 under clause (i). 15 "(iii) REQUIRED ACTION.— 16 "(I) In General.—In instances 17 in which the Secretary has reviewed 18 the comparative analyses described in 19 subparagraph (A), as requested under 20 clause (i), and determined that the 21 plan is not in compliance with this 22 section, the plan— 23 "(aa) shall specify to the Sec-24 retary the actions the plan will 25 take to be in compliance with this

1	section and provide to the Sec-
2	retary comparative analyses de-
3	scribed in subparagraph (A) that
4	demonstrate compliance with this
5	section not later than 45 days
6	after the initial determination by
7	the Secretary that the plan is not
8	in compliance; and
9	"(bb) following the 45-day
10	corrective action period under
11	item (aa), if the Secretary deter-
12	mines that the plan still is not in
13	compliance with this section, not
14	later than 7 days after such deter-
15	mination, shall notify all individ-
16	uals enrolled in the plan or cov-
17	erage that the plan has been deter-
18	mined to be not in compliance
19	with this section.
20	"(II) Exemption from disclo-
21	SURE.—Documents or communications
22	produced in connection with the Sec-
23	retary's recommendations to the plan
24	or coverage shall not be subject to dis-

1	closure pursuant to section 552 of title
2	5, United States Code.
3	"(iv) Report.—Not later than 1 year
4	after the date of enactment of this para-
5	graph, and not later than October 1 of each
6	year thereafter, the Secretary shall submit
7	to Congress, and make publicly available, a
8	report that contains—
9	"(I) a summary of the compara-
10	tive analyses requested under clause
11	(i), including the identity of each plan
12	that is determined to be not in compli-
13	ance after the final determination by
14	the Secretary described in clause
15	(iii)(I)(bb);
16	"(II) the Secretary's conclusions
17	as to whether each plan submitted suf-
18	ficient information for the Secretary to
19	review the comparative analyses re-
20	quested under clause (i) for compliance
21	with this section;
22	"(III) for each plan that did sub-
23	mit sufficient information for the Sec-
24	retary to review the comparative anal-
25	yses requested under clause (i), the Sec-

1	retary's conclusions as to whether and
2	why the plan or coverage is in compli-
3	ance with the requirements under this
4	section;
5	"(IV) the Secretary's specifica-
6	tions described in clause (ii) for each
7	plan that the Secretary determined did
8	not submit sufficient information for
9	the Secretary to review the compara-
10	tive analyses requested under clause (i)
11	for compliance with this section; and
12	"(V) the Secretary's specifications
13	described in clause (iii) of the actions
14	each plan hat the Secretary determined
15	is not in compliance with this section
16	must take to be in compliance with
17	this section, including the reason why
18	the Secretary determined the plan or
19	coverage is not in compliance.
20	"(C) Compliance program guidance
21	DOCUMENT UPDATE PROCESS.—
22	"(i) In General.—The Secretary shall
23	include instances of noncompliance that the
24	Secretary discovers upon reviewing the com-
25	parative analyses requested under subpara-

graph (B)(i) in the compliance program
guidance document described in paragraph
(6), as it is updated every 2 years, except
that such instances shall not disclose any
protected health information or individually
identifiable information.

"(ii) Guidance and regulations.— Not later than 18 months after the date of enactment of this paragraph, the Secretary shall finalize any draft or interim guidance and regulations relating to mental health parity under this section. Such draft guidance shall include guidance to clarify the process and timeline for current and potential participants and beneficiaries (and authorized representatives and health care providers of such participants and beneficiaries) with respect to plans to file complaints of such plans or issuers being in violation of this section, including guidance, by plan type, on the relevant State, regional, or national office with which such complaints should be filed.

"(iii) State.—The Secretary shall share information on findings of compliance

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1 and noncompliance discovered upon review-2 ing the comparative analyses requested under subparagraph (B)(i) with the State 3 4 where the group health plan is located or 5 the State where the health insurance issuer 6 is licensed to do business for coverage offered 7 by a health insurance issuer in the group 8 market, in accordance with paragraph 9 (6)(B)(iii)(II).".

10 (d) IMPLEMENTATION.—The Secretary of Health and
11 Human Services, the Secretary of Labor, and the Secretary
12 of the Treasury may implement the paragraph (8) of section
13 2799A-1(a) of the Public Health Service Act, added by sub14 section (a), the paragraph (8) of section 712(a) of the Em15 ployee Retirement Income Security Act of 1974, as addedby
16 subsection (b), and the paragraph (8) of section 9812(a) of
17 the Internal Revenue Code of 1986, as added by subsection
18 (c), by program instruction, guidance, or otherwise.

Union Calendar No. 575

116TH CONGRESS H. R. 7539

[Report No. 116-692, Part I]

A BILL

To strengthen parity in mental health and substance use disorder benefits.

December 24, 2020

Reported from the Committee on Energy and Commerce with an amendment

DECEMBER 24, 2020

Committees on Ways and Means and Education and Labor discharged; committed to the Committee of the Whole House on the State of the Union and ordered to be printed