

1 HR20
2 204659-1
3 By Representative Hall
4 RFD: Rules
5 First Read: 06-FEB-20

GO RED FOR WOMEN WEAR RED DAY PROCLAMATION.

WHEREAS, cardiovascular diseases kill one in three women in the United States, yet eighty percent of cardiovascular diseases may be prevented; and

WHEREAS, cardiovascular diseases and stroke kill one woman every 80 seconds in the United States; and

WHEREAS, nearly 45 percent of women aged 20 and older are living with some form of cardiovascular disease; and

WHEREAS, ninety percent of women have one or more risk factors for developing heart disease or stroke; and

WHEREAS, women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than they are if someone else were having a heart attack; and

WHEREAS, over 40 percent of Hispanic adult women and more than half (57%) of Black women have cardiovascular disease; and

WHEREAS, cardiovascular disease is the leading cause of all maternal death; and

1 WHEREAS, the American Heart Association's Go Red for
2 Women movement motivates women to learn their family history
3 and to meet with a healthcare provider to determine their risk
4 for cardiovascular diseases and stroke; and

5 WHEREAS, women involved with the Go Red for Women
6 movement live healthier lives; and

7 WHEREAS, Go Red for Women encourages women to take
8 control of their heart health by knowing and managing these
9 five numbers: Total Cholesterol, HDL (good) Cholesterol, Blood
10 Pressure, Blood Sugar, and Body Mass Index (BMI); now
11 therefore,

12 BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF
13 THE LEGISLATURE OF ALABAMA, That in recognition of the
14 importance of the ongoing fight against heart disease and
15 stroke, we do hereby proclaim Friday, February 7, 2020, as
16 National Wear Red Day in Alabama and urge all Alabamians to
17 show their support for women and the fight against heart
18 disease by commemorating this day by wearing the color red; by
19 increasing awareness, speaking out about heart disease, and
20 empowering women to reduce their risk for cardiovascular
21 diseases, we can save thousands of lives each year.