

1 AN ACT relating to athletic trainers.

2 ***Be it enacted by the General Assembly of the Commonwealth of Kentucky:***

3 ➔Section 1. KRS 311.900 is amended to read as follows:

4 As used in KRS 311.900 to 311.928:

5 (1) "Athlete" means an individual, referee, coach, or athletic staff member who:

6 **(a)** Participates in sports, games, or~~recreational~~ activities requiring physical
7 strength, agility, flexibility, range of motion, speed, or stamina;~~and who~~

8 **(b)** Is associated with a sport, game, or recreational activity that is conducted in
9 association with an educational institution or professional, amateur, or
10 recreational sports club or organization; **or**

11 **(c) Qualifies under both paragraphs (a) and (b) of this subsection;**

12 (2) "Athletic injury" means:

13 (a) An injury or condition, excluding medical conditions such as internal
14 infections, internal injuries, fractures, and spinal cord injuries except in an
15 acute situation sustained by an athlete that affects the individual's participation
16 or performance in sports, games, or recreation; or

17 (b) An injury or condition that is within the scope of practice of an athletic trainer
18 identified by a physician licensed under **this chapter**~~[KRS Chapter 311]~~, a
19 physical therapist licensed under KRS Chapter 327, an occupational therapist
20 licensed under KRS Chapter 319A, or a chiropractor licensed under KRS
21 Chapter 312 that is likely to benefit from athletic training services that have
22 been approved by a physician supervising the athletic trainer;

23 (3) "Athletic trainer" means a **healthcare provider**~~[person]~~ with specific qualifications,
24 as set forth in KRS 311.900 to 311.928, who is licensed to practice athletic training
25 and who, upon the supervision of a physician licensed under **this chapter**~~[KRS~~
26 ~~Chapter 311]~~, carries out the practice of preventing, recognizing, evaluating,
27 managing, disposing, treating, reconditioning, or rehabilitating~~[athletic]~~ injuries. In

1 carrying out these functions, the licensed athletic trainer may use physical
2 modalities, such as heat, light, sound, cold, or electricity, or mechanical devices. A
3 licensed athletic trainer shall practice only in those areas in which he or she is
4 competent by reason of his or her training, ~~or~~ experience, **and certifications,**
5 **including treatment of an injury or condition that is within the scope of practice**
6 **of an athletic trainer and approved by a physician licensed under this chapter;**

7 **(4) "Board" means the Kentucky Board of Medical Licensure;**

8 ~~(5)(4)~~ "Council" means the Kentucky Athletic Trainers Advisory Council;

9 ~~((5) "Board" means the Kentucky Board of Medical Licensure;)~~

10 (6) "Supervising physician" means a physician licensed by the board; and

11 (7) "Supervision" means advising, consenting to, and directing the activities of an
12 athletic trainer through written or oral orders by a physician licensed to practice
13 under **this chapter** ~~[KRS Chapter 311]~~. Each team of physicians and athletic trainers
14 shall ensure that the referral of **patients** ~~[athletic injuries]~~ is appropriate to the
15 athletic trainer's level of training and experience.

16 ➔Section 2. KRS 311.901 is amended to read as follows:

17 (1) The board shall promulgate administrative regulations in accordance with KRS
18 Chapter 13A relating to the licensure and regulation of athletic trainers. The
19 regulations shall include but shall not be limited to the establishment of fees,
20 **eligibility and credentialing procedures, renewal and reinstatement procedures,**
21 **complaints and disciplinary action, a code of ethical standards, standards of**
22 **practice,** and continuing education requirements~~]. The board shall require, as a part~~
23 ~~of any continuing educational requirement, that persons licensed as athletic trainers~~
24 ~~complete an educational course on the transmission, control, treatment, and~~
25 ~~prevention of the human immunodeficiency virus and acquired immunodeficiency~~
26 ~~syndrome. The course on the human immunodeficiency virus shall be approved by~~
27 ~~the Cabinet for Health and Family Services].~~

- 1 (2) There is hereby created the Kentucky Athletic Trainers Advisory Council,
2 composed of **ten (10)**~~nine (9)~~ members appointed by the Governor. The council
3 shall review and make recommendations to the board regarding all matters relating
4 to athletic trainers that come before the board, including but not limited to:
- 5 (a) Applications for athletic training licensure;
 - 6 (b) Licensure renewal requirements;
 - 7 (c) Approval of supervising physicians;
 - 8 (d) Disciplinary investigations or action, when specifically requested by one (1) of
9 the board's panels established under KRS 311.591; and
 - 10 (e) Promulgation of administrative regulations.
- 11 (3) Except for initial appointments, members of the council shall be appointed by the
12 board for four (4) year terms and shall consist of:
- 13 (a) Five (5) practicing licensed athletic trainers who shall each be selected by the
14 board from a list of three (3) licensed athletic trainers submitted by the
15 Kentucky Athletic Trainers Society, Inc. for each vacancy;
 - 16 (b) **Three (3)**~~Two (2)~~ supervising physicians **selected by the board from a list**
17 **of three (3) physicians licensed by the board submitted by the Kentucky**
18 **Medical Association for each vacancy;**
 - 19 (c) One (1) **physician** member of the board; and
 - 20 (d) One (1) citizen at large.
- 21 (4) The chair of the council shall be elected by a majority vote of the council members
22 and shall preside over meetings. The meetings shall be held quarterly. Additional
23 meetings may be held on the call of the chair or upon the written request of four (4)
24 council members.
- 25 (5) Initial appointments shall be for staggered terms. Three (3) members shall serve a
26 four (4) year term, two (2) members shall serve a three (3) year term, two (2)
27 members shall serve a two (2) year term, and two (2) members shall serve a one (1)

1 year term.

2 (6) Members of the council shall not be compensated for their service but shall receive
3 reimbursement for expenditures relating to attendance at committee meetings,
4 consistent with state policies for the reimbursement of travel expenses for state
5 employees.

6 (7) A council member may be removed by the board for good cause or if he or she
7 misses two (2) consecutive council meetings without good cause.

8 (8) Upon the death, resignation, or removal of any member, the vacancy for the
9 unexpired term shall be filled by the board in the same manner as the original
10 appointment.

11 (9) The quorum required for any meeting of the council shall be six (6)~~[five (5)]~~
12 members. No action by the council or its members shall have any effect unless a
13 quorum of the council is present at the meeting where the action is taken.

14 (10) The board shall not be required to implement or adopt the recommendations of the
15 council.

16 ➔Section 3. KRS 311.903 is amended to read as follows:

17 A licensed athletic trainer:

18 (1) Shall not use spinal or pelvic manipulations or spinal or pelvic chiropractic
19 adjustments;

20 (2) May assist with the appropriate management and use of~~[dispense]~~, but shall not
21 prescribe, over-the-counter or prescription medications commonly used in the
22 practice of sports medicine, excluding any controlled substances,~~[only to an adult~~
23 ~~athlete and]~~ with the supervision of a physician licensed under this chapter~~[KRS~~
24 ~~Chapter 311]~~, and shall maintain accurate records identifying the medication, dose,
25 amount, directions, condition for which the medication is being used, identity of the
26 supervising physician, lot number, and expiration date;

27 (3) Shall not provide or administer~~[dispense]~~ over-the-counter or prescription

1 medications to a minor without express parental or guardian consent and
2 physician oversight~~[athlete]~~;

3 (4) The board shall promulgate administrative regulations, based upon
4 recommendations from the council and in accordance with KRS Chapter 13A, to
5 establish a formulary of legend medications that a licensed athletic trainer may
6 obtain, transport, provide, and administer when providing athletic training
7 services, limited to only those medications that are indicated and approved by the
8 board. This subsection shall not be interpreted to bestow prescriptive authority,
9 and the formulary shall not include Schedule II, III, IV, or V drugs as defined in
10 the Controlled Substances Act, 21 U.S.C. secs. 801 et seq.;

11 (5) Shall not perform invasive procedures, except for those invasive procedures that
12 the board, based on recommendations from the council, determines to be
13 permissible. Any procedures performed under this subsection shall be:

14 (a) Within the scope of practice for athletic trainers; and

15 (b) Approved by the supervising physician;

16 ~~[(5) Shall conform to the standard of care required of an ordinary competent and careful~~
17 ~~licensed athletic trainer in exercising reasonable care for the health and safety of the~~
18 ~~athlete;]~~

19 (6) May provide athletic training services, notwithstanding any other provision of
20 KRS 311.900 to 311.928, for employment injuries if the athletic training services
21 for employment injuries are provided within the scope of practice for athletic
22 trainers and under the supervision of a physician licensed under this
23 chapter,~~[Shall not work in an industrial setting, except in the capacity of screening~~
24 ~~injuries and referring patients to]~~ an occupational therapist licensed under KRS
25 Chapter 319A, a physical therapist licensed under KRS Chapter 327, or a
26 chiropractor licensed under KRS Chapter 312~~, or a physician licensed under KRS~~
27 ~~Chapter 311];~~

- 1 (7) Shall not seek reimbursement from the federal government for physical therapy
2 services performed by an athletic trainer;
- 3 (8) Shall not seek reimbursement from the federal government for occupational therapy
4 services performed by an athletic trainer;
- 5 (9) Shall not seek reimbursement from the federal government for chiropractic services
6 performed by an athletic trainer;
- 7 (10) Shall not prescribe medications, including controlled substances;~~and~~
- 8 (11) Shall only seek third-party reimbursement for services within the scope of
9 practice of athletic training and when prescribed by a physician licensed under
10 this chapter; and
- 11 (12) Shall not practice as an athletic trainer before completing a standardized form
12 for athletic trainers and their supervising physicians that establishes the athletic
13 trainer's authorized practice activities while under the physician's supervision.
14 This form shall be developed and provided by the board~~[not independently bill any~~
15 ~~patient or other payer for services rendered by the athletic trainer].~~