

1 SJR7
2 197728-2
3 By Senators Burkette, Smitherman, Sanders-Fortier, Singleton,
4 Albritton, Allen, Barfoot, Beasley, Butler, Chambliss,
5 Chesteen, Coleman-Madison, Dunn, Elliott, Figures, Givhan,
6 Gudger, Holley, Jones, Livingston, Marsh, McClendon, Melson,
7 Orr, Price, Reed, Roberts, Scofield, Sessions, Shelnutt,
8 Stutts, Waggoner, Ward, Whatley and Williams
9 RFD:
10 First Read: 19-MAR-19

1 SJR7

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4 ENROLLED, SJR7,

5 RECOGNIZING MAY 2019 AS STROKE AWARENESS MONTH.
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7 WHEREAS, nearly two million brain cells die each
8 minute a stroke remains untreated; rapid access to medical
9 treatment may make the difference between a full recovery and
10 permanent disability; it is important to know the signs of a
11 stroke and act F.A.S.T., which stands for face drooping, arm
12 weakness, speech difficulty, time to call 911; and

13 WHEREAS, strokes can happen to anyone at any age;
14 they are the fifth leading cause of death in the U.S. and a
15 leading cause of severe disability; however, 80 percent of all
16 strokes are preventable; and

17 WHEREAS, in the U. S., more than 795,000 people have
18 a stroke each year; statistics indicate that one out of every
19 deaths is caused from strokes; and

20 WHEREAS, the American Heart Association/American
21 Stroke Association's seven tips for preventing strokes are as
22 follows:

23 Manage blood pressure,
24 Control cholesterol,
25 Reduce blood sugar,

1 Get active,

2 Eat better,

3 Lose weight, and

4 Stop smoking; now therefore,

5 BE IT RESOLVED BY THE LEGISLATURE OF ALABAMA, BOTH
6 HOUSES THEREOF CONCURRING, That we recognize the month of May
7 2019 as Stroke Awareness Month and encourage the citizens of
8 Alabama to become aware of the signs and symptoms of strokes,
9 their complications, proper medical treatment, and prevention.

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President and Presiding Officer of the Senate

Speaker of the House of Representatives

SJR7
Senate 19-MAR-19
I hereby certify that the within Senate Joint Resolution
originated in and was adopted by the Senate.

Patrick Harris,
Secretary.

House of Representatives
Adopted: 21-MAR-19

By: Senator Burkette