

1 AN ACT relating to athletic trainers.

2 ***Be it enacted by the General Assembly of the Commonwealth of Kentucky:***

3 ➔Section 1. KRS 311.900 is amended to read as follows:

4 As used in KRS 311.900 to 311.928:

5 (1) "Athlete" means an individual, referee, coach, or athletic staff member who  
6 participates in sports, games, or recreational activities requiring physical strength,  
7 agility, flexibility, range of motion, speed, or stamina, ~~and who is associated with a~~  
8 ~~sport, game, or recreational activity that is conducted in association with an~~  
9 ~~educational institution or professional, amateur, or recreational sports club or~~  
10 ~~organization~~;

11 (2) "Athletic injury" means:

12 (a) An injury or condition, excluding medical conditions such as internal  
13 infections, internal injuries, fractures, and spinal cord injuries except in an  
14 acute situation sustained by an athlete that affects the individual's participation  
15 or performance in sports, games, or recreation; or

16 (b) An injury or condition that is within the scope of practice of an athletic trainer  
17 identified by a physician licensed under **this chapter**~~[KRS Chapter 311]~~, a  
18 physical therapist licensed under KRS Chapter 327, an occupational therapist  
19 licensed under KRS Chapter 319A, or a chiropractor licensed under KRS  
20 Chapter 312 that is likely to benefit from athletic training services that have  
21 been approved by a physician supervising the athletic trainer;

22 (3) "Athletic trainer" means a **healthcare provider**~~[person]~~ with specific qualifications,  
23 as set forth in KRS 311.900 to 311.928, who is licensed to practice athletic training  
24 and who, upon the supervision of a physician licensed under **this chapter**~~[KRS~~  
25 ~~Chapter 311]~~, carries out the practice of preventing, recognizing, evaluating,  
26 managing, disposing, treating, reconditioning, or rehabilitating athletic injuries. In  
27 carrying out these functions, the licensed athletic trainer may use physical

1 modalities, such as heat, light, sound, cold, or electricity, or mechanical devices. A  
2 licensed athletic trainer shall practice only in those areas in which he or she is  
3 competent by reason of his or her training, ~~or~~ experience, **and certifications,**  
4 **including treatment of an injury or condition that is within the scope of practice**  
5 **of an athletic trainer and approved by a physician licensed under this chapter;**

6 **(4) "Board" means the Kentucky Board of Medical Licensure;**

7 ~~(5)~~ ~~(4)~~ "Council" means the Kentucky Athletic Trainers Advisory Council;

8 ~~{(5) "Board" means the Kentucky Board of Medical Licensure;}~~

9 (6) "Supervising physician" means a physician licensed by the board; and

10 (7) "Supervision" means advising, consenting to, and directing the activities of an  
11 athletic trainer through written or oral orders by a physician licensed to practice  
12 under **this chapter** ~~[KRS Chapter 311]~~. Each team of physicians and athletic trainers  
13 shall ensure that the referral of athletic injuries is appropriate to the athletic trainer's  
14 level of training and experience.

15 ➔ Section 2. KRS 311.901 is amended to read as follows:

16 (1) The board shall promulgate administrative regulations in accordance with KRS  
17 Chapter 13A relating to the licensure and regulation of athletic trainers. The  
18 regulations shall include but shall not be limited to:

19 **(a) The establishment of fees;**

20 **(b) Procedures for eligibility and credentialing;**

21 **(c) Procedures for licensure renewal and reinstatement;**

22 **(d) Procedures for complaints and disciplinary actions;**

23 **(e) A code of ethical standards;**

24 **(f) Standards of practice;**

25 **(g) The objectives of athletic training;**

26 **(h) Procedures for name and contact information changes;**

27 **(i) Procedures for licensure renewal and reinstatement of active duty military**

1 individuals;

2 (j) Procedures for documentation standards;

3 (k) Requirements for foreign-trained athletic trainers;

4 (l) Requirements for medication formularies;

5 (m) Requirements for invasive procedures; and

6 (n) Continuing education requirements.~~[- The board shall require, as a part of any~~  
7 ~~continuing educational requirement, that persons licensed as athletic trainers~~  
8 ~~complete an educational course on the transmission, control, treatment, and~~  
9 ~~prevention of the human immunodeficiency virus and acquired~~  
10 ~~immunodeficiency syndrome. The course on the human immunodeficiency~~  
11 ~~virus shall be approved by the Cabinet for Health and Family Services.]~~

12 (2) There is hereby created the Kentucky Athletic Trainers Advisory Council,  
13 composed of ten (10)~~[nine (9)]~~ members appointed by the Governor. The council  
14 shall review and make recommendations to the board regarding all matters relating  
15 to athletic trainers that come before the board, including but not limited to:

- 16 (a) Applications for athletic training licensure;  
17 (b) Licensure renewal requirements;  
18 (c) Approval of supervising physicians;  
19 (d) Disciplinary investigations or action, when specifically requested by one (1) of  
20 the board's panels established under KRS 311.591; and  
21 (e) Promulgation of administrative regulations.

22 (3) Except for initial appointments, members of the council shall be appointed by the  
23 board for four (4) year terms and shall consist of:

- 24 (a) Five (5) practicing licensed athletic trainers who shall each be selected by the  
25 board from a list of three (3) licensed athletic trainers submitted by the  
26 Kentucky Athletic Trainers Society, Inc. for each vacancy;  
27 (b) Three (3)~~[Two (2)]~~ supervising physicians selected by the board from a list

1                   of three (3) physicians licensed by the board submitted by the Kentucky  
2                   Medical Association for each vacancy;

3           (c)   One (1) physician member of the board; and

4           (d)   One (1) citizen at large.

5   (4)   The chair of the council shall be elected by a majority vote of the council members  
6       and shall preside over meetings. The meetings shall be held quarterly and may be  
7       held online or by telephone conference call. Additional meetings may be held on  
8       the call of the chair or upon the written request of four (4) council members.

9   (5)   Initial appointments shall be for staggered terms. Three (3) members shall serve a  
10       four (4) year term, two (2) members shall serve a three (3) year term, two (2)  
11       members shall serve a two (2) year term, and two (2) members shall serve a one (1)  
12       year term.

13   (6)   Members of the council shall not be compensated for their service but shall receive  
14       reimbursement for expenditures relating to attendance at committee meetings,  
15       consistent with state policies for the reimbursement of travel expenses for state  
16       employees.

17   (7)   A council member may be removed by the board for good cause or if he or she  
18       misses two (2) consecutive council meetings without good cause.

19   (8)   Upon the death, resignation, or removal of any member, the vacancy for the  
20       unexpired term shall be filled by the board in the same manner as the original  
21       appointment.

22   (9)   The quorum required for any meeting of the council shall be six (6)~~[five (5)]~~  
23       members. No action by the council or its members shall have any effect unless a  
24       quorum of the council approves the action~~[is present at the meeting where the~~  
25       ~~action is taken]~~.

26   (10)   The board shall not be required to implement or adopt the recommendations of the  
27       council.

1        ➔ Section 3. KRS 311.903 is amended to read as follows:

2        A licensed athletic trainer:

- 3        (1) Shall not use spinal or pelvic manipulations or spinal or pelvic chiropractic  
4        adjustments;
- 5        (2) May **assist with the appropriate management and use of**~~[dispense]~~, but shall not  
6        prescribe, over-the-counter or prescription medications **commonly used in the**  
7        **practice of sports medicine, excluding any controlled substances,**~~[only to an adult~~  
8        ~~athlete and]~~ with the supervision of a physician licensed under **this chapter**~~[KRS~~  
9        ~~Chapter 311]~~, and shall maintain accurate records identifying the medication, dose,  
10        amount, directions, condition for which the medication is being used, identity of the  
11        supervising physician, lot number, and expiration date;
- 12        (3) Shall not **provide or administer**~~[dispense]~~ over-the-counter or prescription  
13        medications to a minor **without express parental or guardian consent and**  
14        **physician oversight**~~[athlete]~~;
- 15        (4) **The board shall promulgate administrative regulations, based upon**  
16        **recommendations from the council and in accordance with KRS Chapter 13A, to**  
17        **establish a formulary of legend medications that a licensed athletic trainer may**  
18        **obtain, transport, provide, and administer when providing athletic training**  
19        **services, limited to only those medications that are indicated and approved by the**  
20        **board. This subsection shall not be interpreted to bestow prescriptive authority,**  
21        **and the formulary shall not include Schedule II, III, IV, or V drugs as defined in**  
22        **the Controlled Substances Act, 21 U.S.C. secs. 801 et seq.;**
- 23        (5) Shall not perform invasive procedures, **except for those invasive procedures that**  
24        **the board, based on recommendations from the council, determines to be**  
25        **permissible. Any procedures performed under this subsection shall be:**  
26        **(a) Within the scope of practice for athletic trainers; and**  
27        **(b) Approved by the supervising physician;**

- 1 ~~[(5) Shall conform to the standard of care required of an ordinary competent and careful~~  
2 ~~licensed athletic trainer in exercising reasonable care for the health and safety of the~~  
3 ~~athlete;]~~
- 4 (6) May provide athletic training services, notwithstanding any other provision of  
5 KRS 311.900 to 311.928, for employment injuries if the athletic training services  
6 for employment injuries are provided within the scope of practice for athletic  
7 trainers and under the supervision of a physician licensed under this  
8 chapter,~~[Shall not work in an industrial setting, except in the capacity of screening~~  
9 ~~injuries and referring patients to]~~ an occupational therapist licensed under KRS  
10 Chapter 319A, a physical therapist licensed under KRS Chapter 327, or a  
11 chiropractor licensed under KRS Chapter 312~~, or a physician licensed under KRS~~  
12 ~~Chapter 311];~~
- 13 (7) Shall not seek reimbursement from the federal government for physical therapy  
14 services performed by an athletic trainer;
- 15 (8) Shall not seek reimbursement from the federal government for occupational therapy  
16 services performed by an athletic trainer;
- 17 (9) Shall not seek reimbursement from the federal government for chiropractic services  
18 performed by an athletic trainer;
- 19 (10) Shall not prescribe medications, including controlled substances;~~[and]~~
- 20 (11) Shall only seek third-party reimbursement for services as permitted under  
21 national standards and within the scope of practice of athletic training and when  
22 prescribed by a physician licensed under this chapter; and
- 23 (12) Shall not practice as an athletic trainer before completing a standardized form  
24 for athletic trainers and their supervising physicians that establishes the athletic  
25 trainer's authorized practice activities while under the physician's supervision.  
26 This form shall be developed and provided by the board~~[not independently bill any~~  
27 ~~patient or other payer for services rendered by the athletic trainer].~~

1           ➔Section 4. This Act takes effect January 1, 2021.