

GENERAL ASSEMBLY OF NORTH CAROLINA  
SESSION 2025

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HOUSE BILL 451

Short Title: Diabetes Education for Parents. (Public)

Sponsors: Representatives Cotham, Arp, Cunningham, and Kidwell (Primary Sponsors).  
*For a complete list of sponsors, refer to the North Carolina General Assembly web site.*

Referred to: Education - K-12, if favorable, Appropriations, if favorable, Rules, Calendar, and  
Operations of the House

March 20, 2025

A BILL TO BE ENTITLED  
AN ACT TO REQUIRE PUBLIC SCHOOL UNITS TO PROVIDE INFORMATION ABOUT  
DIABETES TO PARENTS AND LEGAL GUARDIANS.

The General Assembly of North Carolina enacts:

**SECTION 1.** G.S. 115C-375.3 reads as rewritten:

**"§ 115C-375.3. Guidelines to support and assist students with diabetes.**

(a) ~~Local boards of education and boards of directors of charter schools~~ Governing bodies of public school units shall ensure that the guidelines adopted by the State Board of Education under G.S. 115C-12(31) are implemented in schools in which students with diabetes are enrolled. In particular, the boards shall require the implementation of the procedures set forth in those guidelines for the development and implementation of individual diabetes care plans. The boards also shall make available necessary information and staff development to teachers and school personnel in order to appropriately support and assist students with diabetes in accordance with their individual diabetes care plans.

(b) Governing bodies of public school units shall ensure that each school provides parents and legal guardians with information about type 1 and type 2 diabetes at the beginning of every school year. This information shall include all of the following:

- (1) A description of type 1 and type 2 diabetes.
- (2) A description of the risk factors and warning signs associated with type 1 and type 2 diabetes.
- (3) A recommendation that if a student is displaying warning signs associated with diabetes, the parent or guardian of the student consult with the primary care provider of the student to determine if immediate screening for diabetes is appropriate.
- (4) A description of the screening process for and stages of diabetes.
- (5) A recommendation that if a student receives a diabetes diagnosis, the parent or guardian of the student consult with the primary care provider of the student to develop an appropriate treatment plan.
- (6) Notification that the school is required to assist students with diabetes in accordance with the rules adopted by the State Board of Education pursuant to G.S. 115C-12(31)."

**SECTION 2.** There is appropriated from the General Fund to the Department of Public Instruction the sum of ten thousand dollars (\$10,000) in nonrecurring funds for the



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- 1 2025-2026 fiscal year to assist the Department in developing and distributing guidance to public  
2 school units on implementing the provisions of this act.  
3 **SECTION 3.** This act becomes effective July 1, 2025, and applies beginning with  
4 the 2025-2026 school year.